

# **Anti-Bullying Policy**

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Signed by Headteacher	Kate Baskeyfield	Kate Baskeyherd
Signed by Chair of Governors	Elizabeth Dunstan	EDunstan

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Main amendments as part	<ul> <li>Addition of Relational Approach strategies</li> </ul>		
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Links to statutory guidance	<ul> <li><u>Preventing bullying - GOV.UK (www.gov.uk)</u></li> </ul>		
	<ul> <li><u>Keeping children safe in education - GOV.UK (www.gov.uk)</u></li> </ul>		
Links to non-statutory	<ul> <li><u>StopLookListen17</u>: Prevent and respond to cyberbullying   Childnet</li> </ul>		
guidance	<u>Cyberbullying guidance and practical PSHE toolkit   Childnet</u>		
	<u>Cyber bullying: advice for headteachers and school staff</u>		
	(publishing.service.gov.uk)		
Other documents /	Sexual violence and harassment between children in schools guidance:		
resources used in the	CASPAR briefing   NSPCC Learning		
writing of this policy	<ul> <li>Discipline in primary schools: restorative practices   TheSchoolRun</li> </ul>		
	Drive up standards. Stay compliant   The National College		
Related policies	Behaviour Management Policy		
	Complaints policy		
	Child Protection and Safeguarding policy		
	Confidentiality policy		

Online safety policy
Curriculum policies, such as: PSHE, citizenship and computing
Social Media policy
Discipline and Dismissal policy
SEND policy



If you have any questions about the content of this policy:

- If you are a member of staff speak with your line manager or a member of the leadership team
- If you are a parent / carer contact the school office on 0161 748 1867
- If you are another interested party contact the school office on 0161 748 1867

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# 1. Policy objectives:

This policy outlines what Kingsway Primary School will do to prevent and tackle all forms of bullying. Kingsway Primary School is committed to developing an anti-bullying culture where the bullying of adults, children or young people is not tolerated in any form.

## 2. Links to legislation

There are several pieces of legislation which set out measures and actions for schools in response to bullying, as well as criminal and civil law. These may include (but are not limited to):

- The Education and Inspection Act 2006, 2011
- The Equality Act 2010
- The Children Act 1989
- Protection from Harassment Act 1997
- The Malicious Communications Act 1988
- Public Order Act 1986

## 3. Responsibilities

It is the responsibility of:

- The Headteacher to communicate this policy to the school community, to ensure that disciplinary measures are applied fairly, consistently and reasonably, and that a member of the senior leadership team has been identified to take overall responsibility.
- Governors to take a lead role in monitoring and reviewing this policy.
- All staff, including: governors, senior leadership, teaching and non-teaching staff, to support, uphold and implement this policy accordingly.
- Parents/carers to support their children and work in partnership with the school.
- Pupils to abide by the policy.

# 4. Definition of bullying

• Bullying can be defined as "behaviour by an individual or a group, repeated over time that intentionally hurts another individual either physically or emotionally". (DfE "Preventing and Tackling Bullying", July 2017)

• Bullying can include name calling, taunting, mocking, making offensive comments; kicking; hitting; taking belongings; producing offensive graffiti; gossiping; excluding people from groups and spreading hurtful and untruthful rumours.

This includes the same unacceptable behaviours expressed online, sometimes called online or cyberbullying. This can include: sending offensive, upsetting and inappropriate messages by phone, text, instant messenger, through gaming, websites, social media sites and apps, and sending offensive or degrading photos or videos.
Bullying is recognised by the school as being a form of child on child abuse. It can be emotionally abusive and can cause severe and adverse effects on children's emotional development.

## 5. Forms and types of bullying covered by this policy

Bullying can happen to anyone. This policy covers all types and forms of bullying including:

- Bullying related to physical appearance
- Bullying of young carers, children in care or otherwise related to home circumstances
- Bullying related to physical/mental health conditions
- Physical bullying
- Emotional bullying
- Sexual bullying
- Bullying via technology, known as online or cyberbullying
- Prejudicial bullying (against people/pupils with protected characteristics):

- Bullying related to race, religion, faith and belief and for those
- without faith
- Bullying related to ethnicity, nationality or culture
- Bullying related to Special Educational Needs or Disability (SEND)
- Bullying related to sexual orientation (homophobic/biphobic bullying)
- Gender based bullying, including transphobic bullying
- Bullying against teenage parents (pregnancy and maternity under the Equality Act)

## 6. Vulnerable Groups

We recognise that some groups of pupils may be more vulnerable to bullying, including:

- Looked After Children
- Children having caring responsibilities
- Gypsy, Roma and Traveller children
- Children with Special Educational Needs or Disabilities (SEND)
- Children from ethnic minorities
- Children entitled to Free School Meals
- Children for whom English is an Additional Language
- Children who are perceived to be gay, lesbian, bisexual or transsexual
- Those suffering from health problems, including mental health

## 7. Signs of Bullying

Staff should be vigilant in looking out for signs of bullying or other child protection issues including:

- Physical: unexplained bruises, scratches, cuts, missing belongings, damaged clothes, or schoolwork, loss of appetite, stomach aches, headaches, bedwetting.
- Emotional: losing interest in school, being withdrawn or secretive, unusual shows of temper, refusal to say why they feel unhappy, high level of anxiety, mood swings, tearfulness for no reason, lack of confidence, headaches and stomach aches, signs of depression.
- Behavioural: asking to be taken to school if they normally walk alone, coming home for lunch, taking longer to get home, asking for more money, using different routes to school, 'losing' more items than usual, sudden changes in behaviour and mood, concentration difficulties, truancy.

## 8. Bullying Prevention

Preventing and raising awareness of bullying is essential in keeping incidents in our school to a minimum. Through whole school and key stage assemblies, and in regular PSHE lessons, pupils are given regular opportunities to discuss what bullying is, as well as incidents we would not describe as bullying, such as two friends falling out, or a one-off argument. An annual 'Anti-Bullying Week' is held to further raise awareness, as well as whole school sessions on Inclusion.

E-safety is an important part of the Curriculum and information for parents is available on the school's website. Esafety workshops are held to raise parents' awareness of cyber-bullying. Pupils are taught to tell an adult in school if they are concerned that someone is being bullied.

## 9. School ethos

Kingsway Primary School recognises that all forms of bullying, especially if left unaddressed, can have a devastating effect on individuals; it can create a barrier to learning and have serious consequences for mental wellbeing. By effectively preventing and tackling bullying our school can help to create a safe and disciplined environment, where pupils are able to learn and fulfil their potential.

Kingsway Primary School:

- Monitors and reviews our anti-bullying policy and practice on a regular basis.
- Supports staff to promote positive relationships to help prevent bullying through the use of the relational approach to educate pupils
- Recognises that some members of our community may be more vulnerable to bullying and its impact than others; this may include children with SEND. Being aware of this will help us to develop effective strategies to prevent bullying from happening and provide appropriate support, if required.
- Will intervene by identifying and tackling bullying behaviour appropriately and promptly.
- Ensures our pupils are aware that bullying concerns will be dealt with sensitively and effectively; that everyone should feel safe to learn and abide by the anti-bullying policy.
- Requires all members of the community to work with the school to uphold the anti-bullying policy.
- Recognises the potential impact of bullying on the wider family of those affected, so will work in partnership with parents/carers regarding all reported bullying concerns and will seek to keep them informed at all stages.
- Will deal promptly with grievances regarding the school response to bullying in line with our complaints policy
- Seeks to learn from good anti-bullying practice elsewhere.
- Utilises support from the Local Authority and other relevant organisations when appropriate.

# 10. Responding to bullying

The following steps may be taken when dealing with all incidents of bullying reported to the school:

• If bullying is suspected or reported, the incident will be dealt with immediately by the member of staff who has been approached or witnessed the concern. The member of staff will:

- Listen to the child
- Take them seriously
- > Show empathy
- Let the child know it's not their fault
- Avoid stereotypes
- Reassure them they were right to tell someone
- > Follow our procedures for reporting concerns
- > Speak to the other child or children involved to find out further information
- > Offer the child the opportunity for a restorative conversation

• The school will provide appropriate support for the person being bullied – making sure they are not at risk of immediate harm and will involve them in any decision making, as appropriate.

• The Headteacher/Deputy Headteacher/Designated Safeguarding Lead (DSL) or Deputy Designated Safeguarding Lead (DDSL) or another member of leadership staff will interview all parties involved.

- The DSL/DDSL will be informed of all bullying issues where there are safeguarding concerns.
- The school will speak with and inform other staff members, where appropriate.

• The school will ensure parents/carers are kept informed about the concern and action taken, as appropriate and in line with child protection and confidentially policies.

• Strategies, as identified within the school behaviour policy and support will be implemented in consultation with all parties concerned.

• If necessary, other agencies may be consulted or involved, such as the police, if a criminal offence has been committed, or other local services including early help or children's social care, if a child is felt to be at risk of significant harm.

• Where the bullying of or by pupils takes place off school site or outside of normal school hours (including cyberbullying), the school will ensure that the concern is fully investigated. If required, the DSL will collaborate with other schools.

• A clear and precise account of bullying incidents will be recorded by the school on CPOMS. This will include recording appropriate details regarding decisions and action taken.

For adults who have been accused of bullying:

• Establishing whether a legitimate grievance or concern has been raised and signposting to the school's official complaints procedures.

- If online, requesting that content be removed.
- Instigating disciplinary, civil or legal action as appropriate or required.

## Cyberbullying

When responding to cyberbullying concerns, the school will:

• Act as soon as an incident has been reported or identified. The member of staff will:

- Listen to the child
- Take them seriously
- > Show empathy
- Let the child know it's not their fault
- > Avoid stereotypes
- Reassure them they were right to tell someone
- > Follow our procedures for reporting concerns

• Provide appropriate support for the person who has been cyberbullied and work with the person who has carried out the bullying to ensure that it does not happen again.

• Encourage the person being bullied to keep any evidence (screenshots) of the bullying activity to assist any investigation.

• Take all available steps where possible to identify the person responsible. This may include: looking at use of the school systems, identifying and interviewing possible witnesses, contacting the service provider and the police, if necessary.

• Work with the individuals and online service providers to prevent the incident from spreading and assist in removing offensive or upsetting material from circulation. This may include reports to a service provider to remove content if those involved are unable to be identified or if those involved refuse to or are unable to delete content.

• Requesting the deletion of locally-held content and content posted online if they contravene school behavioural policies.

• Ensure that sanctions are applied to the person responsible for the cyberbullying; the school will take steps to change the attitude and behaviour of the perpetrator, as well as ensuring access to any additional help that they may need.

• Inform the police if a criminal offence has been committed.

• Provide information to staff and pupils regarding steps they can take to protect themselves online. This may include:

- > advising those targeted not to retaliate or reply
- > providing advice on blocking or removing people from contact lists
- helping those involved to think carefully about what private information they may have in the public domain.

## Supporting pupils

School will support pupils who have been bullied by:

- Reassuring the pupil and providing continuous pastoral support.
- Offering an immediate opportunity to discuss the experience with their teacher, the designated safeguarding lead, or a member of staff of their choice.
- Being advised to keep a record of the bullying as evidence and discuss how respond to concerns and build resilience as appropriate.
- Working towards restoring self-esteem and confidence.

• Providing ongoing support; this may include: restorative conversations with the bully and a member of staff, working and speaking with a trusted member of staff, offering formal counselling, engaging with parents and carers.

• Where necessary, working with the wider community and local/national organisations to provide further or specialist advice and guidance; this could include support through Early Help or Specialist Children's Services, or support through the Children and Young People's Mental Health Service (CAMHS).

Pupils who have perpetrated bullying will be helped by:

- Discussing what happened, establishing the concern and the need to change.
- Informing parents/carers to help change the attitude and behaviour of the child.
- Providing appropriate education and support regarding their behaviour or actions.
- If online, requesting that content be removed and reporting accounts/content to service provider.
- Sanctioning, in line with school behaviour/discipline policy; this may include fixed term or permanent exclusions.

• Where necessary, working with the wider community and local/national organisations to provide further or specialist advice and guidance; this may include involvement from the Police or referrals to Early Help, Specialist Children's Services, or the Children and Young People's Mental Health Service (CAMHS).

#### Supporting adults

Our school takes measures to prevent and tackle bullying among pupils; however, it is equally important to recognise that bullying of adults, including staff and parents, whether by pupils, parents or other staff members, is unacceptable.

School will support adults who have been bullied by:

• Offering an immediate opportunity to discuss the concern with the designated safeguarding lead, a senior member of staff and/or the Headteacher.

• Advising them to keep a record of the bullying as evidence and discuss how to respond to concerns and build resilience, as appropriate.

• Where the bullying takes place off school site or outside of normal school hours (including online), the school will still investigate the concern and ensure that appropriate action is taken in accordance with the schools' behaviour and discipline policy.

• Reporting offensive or upsetting content and/or accounts to the service provider, where the bullying has occurred online.

• Reassuring and offering appropriate support. This may include: restorative conversations with the bully and a member of the leadership team

• Working with the wider community and local/national organisations to provide

further or specialist advice and guidance.

Adults who have perpetrated the bullying will be helped by:

- Discussing what happened with a senior member of staff and/or the Headteacher to establish the concern followed by the procedure as set out in the school's Complaints Policy.
- Providing appropriate training and support regarding their behaviour or actions.
- If online, requesting that content be removed and reporting accounts/content to service provider.

• Instigating disciplinary, civil or legal action as appropriate or required.

Specific guidance is available for leaders regarding dealing with complaints made on social networking sites: www.kelsi.org.uk/child-protection-and-safeguarding/esafety

11. Preventing bullying

Environment

The whole school community will:

• Create and support an inclusive environment which promotes a culture of mutual respect, consideration and care for others, which will be upheld by all.

• Recognise that bullying can be perpetrated or experienced by any member of the community, including adults and children (child on child abuse).

• Recognises the potential for children with SEN and disabilities to be disproportionally impacted by bullying and will implement additional pastoral support as required. As a school we will openly discuss differences between people that could motivate bullying, such as: children with different family situations, such as looked after children or those with caring responsibilities, religion, ethnicity, disability, gender, sexuality or appearance related difference.

• Challenge practice and language which does not uphold the school values of tolerance, non-discrimination and respect towards others.

• Be encouraged to use technology, especially mobile phones and social media, positively and responsibly.

• Work with staff, the wider community and outside agencies to prevent and tackle concerns including all forms of prejudice-driven bullying.

• Celebrate success and achievements to promote and build a positive school ethos.

## **Policy and Support**

The whole school community will:

• Provide a range of approaches for pupils, staff and parents/carers to access support and report concerns.

• Regularly update and evaluate our practice to consider the developments of technology and provide up-to-date advice and education to all members of the community regarding positive online behaviour.

• Take appropriate, proportionate and reasonable action, in line with existing school policies, for any bullying bought to the schools' attention, which involves or effects pupils, even when they are not on school premises; for example, when using school transport or online, etc.

• Implement appropriate disciplinary sanctions; the consequences of bullying will reflect the seriousness of the incident, so that others see that bullying is unacceptable.

• Use a variety of techniques to resolve the issues between those who bully, and those who have been bullied.

Education and Training

The school community will:

• Train all staff, including: teaching staff, support staff (e.g. administration staff, lunchtime support staff and site support staff) and pastoral staff, to identify all forms of bullying and take appropriate action, following the school's policy and procedures, including recording and reporting incidents.

• Consider a range of opportunities and approaches for addressing bullying throughout the curriculum and other activities, such as: through PSHE lessons, displays, assemblies, peer support, the school/student council, etc.

• Collaborate with other local educational settings as appropriate, and during key times of the year, for example during transition.

• Ensure anti-bullying has a high profile throughout the year, reinforced through key opportunities such as antibullying week

• Provide systematic opportunities to develop pupils' social and emotional skills, including building their resilience and self-esteem.

## 12. Involvement of pupils

We will:

- Involve pupils in policy writing and decision making, to ensure that they understand the school's approach and are clear about the part they play in preventing bullying.
- Regularly canvas children and young people's views on the extent and nature of bullying in pupil voice sessions
- Ensure that all pupils know how to express worries and anxieties about bullying

• Ensure that all pupils are aware of the range of sanctions which may be applied against those engaging in bullying.

- Involve pupils in anti-bullying campaigns in schools and embedded messages in the wider school curriculum
- Utilise pupil voice in providing pupil led education and support
- Publicise the details of internal support, as well as external helplines and websites
- Offer support to pupils who have been bullied and to those who are bullying to address the problems they have.

13. Involvement and liaison with parents and carers

## We will:

• Take steps to involve parents and carers to ensure they are aware that the school does not tolerate any form of bullying.

• Make sure that key information about bullying (including policies and named points of contact) is available to parents/carers in a variety of formats, including via the school website

• Ensure all parents/carers know who to contact if they are worried about bullying and where to access independent advice.

• Work with all parents/carers and the local community to address issues beyond the school gates that give rise to bullying.

• Ensure that parents work with the school to role model positive behaviour for pupils, both on and offline.

• Ensure all parents/carers know about our complaints procedure and how to use it effectively, to raise concerns in an appropriate manner.

14. Useful links and supporting organisations

The following links may provide additional support to children, staff or families.

- Anti-Bullying Alliance: <u>www.anti-bullyingalliance.org.uk</u>
- Childline: <u>www.childline.org.uk</u>
- Family Lives: <u>www.familylives.org.uk</u>
- Kidscape: <u>www.kidscape.org.uk</u>
- MindEd: <u>www.minded.org.uk</u>
- NSPCC: <u>www.nspcc.org.uk</u>

- PSHE Association: <u>www.pshe-association.org.uk</u>
- Restorative Justice Council: <u>www.restorativejustice.org.uk</u>
- The Diana Award: <u>www.diana-award.org.uk</u>
- Victim Support: <u>www.victimsupport.org.uk</u>
- Young Minds: <u>www.youngminds.org.uk</u>
- Young Carers: <u>www.youngcarers.net</u>

## Cyberbullying

- Childnet: www.childnet.com
- Internet Watch Foundation: <u>www.iwf.org.uk</u>
- Report Harmful Content: <u>https://reportharmfulcontent.com/</u>
- UK Safer Internet Centre: <u>www.saferinternet.org.uk</u>

• The UK Council for Internet Safety (UKCIS): www.gov.uk/government/organisations/ukcouncil-for-internetsafety

• DfE 'Cyberbullying: advice for headteachers and school staff': ww.gov.uk/government/publications/preventingand-tackling-bullying

• DfE 'Advice for parents and carers on cyberbullying': www.gov.uk/government/publications/preventing-and-tackling-bullying

## SEND

- Changing Faces: <u>www.changingfaces.org.uk</u>
- Mencap: <u>www.mencap.org.uk</u>

• Anti-Bullying Alliance Cyberbullying and children and young people with SEN and disabilities: www.antibullyingalliance.org.uk/tools-information/all-about-bullying/atrisk-groups/sen-disability

• DfE: SEND code of practice: www.gov.uk/government/publications/send-code-of-practice-0to-25

Race, Religion and Nationality

• Anne Frank Trust: <u>www.annefrank.org.uk</u>

- Kick it Out: <u>www.kickitout.org</u>
- Report it: <u>www.report-it.org.uk</u>
- Stop Hate: <u>www.stophateuk.org</u>
- Tell Mama: <u>www.tellmamauk.org</u>
- Educate against Hate: www.educateagainsthate.com
- Show Racism the Red Card: www.srtrc.org/educational

## LGBTQ+

- Barnardo's LGBTQ Hub: www.barnardos.org.uk/what\_we\_do/our\_work/lgbtq.htm
- Metro Charity: <u>www.metrocentreonline.org</u>
- EACH: <u>www.eachaction.org.uk</u>
- Proud Trust: <u>www.theproudtrust.org</u>
- Schools Out: <u>www.schools-out.org.uk</u>
- Stonewall: <u>www.stonewall.org.uk</u>

## Sexual Harassment and Sexual Bullying

- NSPCC 'Report Abuse in Education' Helpline: 0800 136 663 or help@nspcc.org.uk
- Ending Violence Against Women and Girls (EVAW): www.endviolenceagainstwomen.org.uk
- Disrespect No Body: www.gov.uk/government/publications/disrespect-nobody-campaignposters
- Anti-bullying Alliance: Preventing and responding to Sexual Bullying: www.antibullyingalliance.org.uk/toolsinformation/all-about-bullying/sexual-and-sexist-bullying
- Anti-bullying Alliance: advice for school staff and professionals about developing effective anti-bullying practice in relation to sexual bullying: https://anti-bullyingalliance.org.uk/toolsinformation/all-about-bullying/sexual-and-sexist-bullying/investigating-and-responding
- Childnet Project DeShame (Online Sexual Harassment and Bullying): <u>www.childnet.com/our-projects/project-desham</u>